To Whom It May Concern,

Your patient/client is interested in participating in a University of Toronto research study about concussions. This program of research seeks to identity psychosocial predictors of recovery following concussion in adolescent athletes. Participation in this research requires your patient/client to complete several questionnaires. All data will be self-reported by your patient/client and collected online using a secure data collection platform (REDCap). For more information and to review the letter(s) of information for this study, please visit: www.projectbraindecode.com.

Study questionnaires will ask your patient/client to self-report on the following items: demographics and medical history, athletic identity, resilience, coping skills, motivation, current concussion symptoms, current depression symptoms, current anxiety symptoms, and response to injury. Practitioner-verified information is needed to cross-reference injury reports made by your patient/client.

Health Information Request

Specifically, study investigators request the following health information:

1. Date diagnosed with concussion.

2. Date medically cleared to return-to-play (with no restrictions).

3a. Were any clinical treatments prescribed or administered for post-concussive symptoms?

3b. If yes, please specify.

Data Collection

As a participant in this research study, your patient/client has consented to the release of his/her health information. To facilitate data collection and to ensure data security, patient/client health information will be submitted to the secure online data collection platform (REDCap). Data submission takes 5 minutes to complete, including time for follow-up.

1. Log on to: www.projectbraindecode.com.
2. Click on "Clinician Submission" tab.
3. Click on the REDCap link provided.
4. Input your patient's/client's health information.
5. Complete a follow-up survey when you "medically clear" your patient/client to return-to-play (no restrictions).

Contact Information

If you have any questions, please contact Tian Renton by email: tian.renton@mail.utoronto.ca or by phone: 416-864-6060 ext. 7848