To Whom It May Concern,

Your patient is interested in participating in a University of Toronto research study about concussions. This program of research seeks to identity psychosocial predictors of recovery following concussion in adolescent athletes. Participation in this research requires your patient to complete several questionnaires. All data will be self-reported by your patient and collected online using a secure data collection platform (REDCap). For more information and to review the letter(s) of information for this study, please visit: www.projectbraindecode.com.

Study questionnaires will ask your patient to self-report on the following items: demographics and medical history, athletic identity, resilience, coping skills, motivation, current concussion symptoms, current depression symptoms, current anxiety symptoms, and response to injury. Practitioner-verified information is needed to cross-reference injury reports made by your patient.

Health Information Request

Specifically, study investigators request the following health information:

1. Date diagnosed with concussion.

2. Date medically cleared to return-to-play (with no restrictions).

3a. Were any clinical treatments prescribed or administered for post-concussive symptoms?

3b. If yes, please specify.

Data Collection

As a participant in this research study, your patient has consented to the release of his/her health information. To facilitate data collection and to ensure data security, patient health information will be submitted to the secure online data collection platform (REDCap). Data submission takes 1 minute to complete, including time for follow-up.

1. Log on to: www.projectbraindecode.com.
2. Click on "Clinician Submission" tab.
3. Click on the REDCap link provided.
4. Input your patient's health information.
5. Complete a follow-up survey when you "medically clear" your patient to return-to-play (no restrictions).

Contact Information

If you have any questions, please contact Tian Renton by email: tian.renton@mail.utoronto.ca or by phone: 416-864-6060 ext. 7848